

## KEEPING YOUR WITS

# LICE, NYMPHS, & NITS

Lice are a nuisance but not a cause for panic.  
Schools can temper the lice hysteria.

### REDUCE THE STIGMA OF HAVING LICE

Lice are transmitted by head to head contact which means anyone with hair (whether clean or dirty) is vulnerable

### PROMOTE BEST-PRACTICE POLICIES

The CDC, NASN, and AAP all discourage “no nit” policies. Additionally, mass screenings for lice or nits in the school setting are not an effective transmission prevention measure and are not recommended

### RECOMMEND EVIDENCE-BASED TREATMENTS

The AAP recommends treatments that are safe and age-appropriate, should rapidly rid the individual of live lice and nits, and should be easy to use and affordable. Most effective? Using a WelComb finely-toothed comb (through wet hair) to inspect hair and remove lice, nymphs, and nits.

