

Shopping List: Field Trips & Off-Site Events

Every off-site event is an adventure, filled with new experiences and the unexpected. As students step beyond the classroom, their health and safety remain a top priority. This shopping list is designed to help you prepare for anything the day may bring — from minor mishaps to managing ongoing health needs — so you can ensure every student enjoys their time away from school, supported and cared for wherever the journey leads.



FIRST AID & EMERGENCY RESPONSE

- First aid & trauma kits
- Medical bags, fanny packs, backpacks
- Assorted bandages
- Gauze
- Wound wash
- Alcohol prep pads
- Antibiotic ointment
- Burn dressings
- Bleed control products
- CPR mask system in hard case
- Instant cold/heat packs
- Triangular bandages
- Tape
- Bandage scissors
- Tweezers
- Splints
- Elastic wraps
- Eye wash solution
- Emesis bags
- Nosebleed products
- Emergency blanket



INFECTION PREVENTION & PERSONAL PROTECTION

- Gloves
- Hand sanitizer
- Disinfectant wipes
- Disposable masks
- Tissues
- Paper towels
- Biohazard bags



MEDICATIONS* & OTHER HEALTH NEEDS

- Fast-acting glucose
- Antihistamines
- Acetaminophen
- NSAIDs
- Antacids/GI relief
- Cough drops
- Disposable spacers
- Moisturizing ointments

**Per school policy*



TOOLS & EQUIPMENT

- Non-contact thermometer
- Portable pulse oximeter
- Stethoscope
- Blood pressure monitor (manual or digital)
- Small first aid manual or quick reference guide
- Portable AED (if required and available)



COMFORT & MISCELLANEOUS

- Cotton balls & cotton-tipped applicators
- Tongue depressors
- Earplugs (for noisy environments or sensory needs)
- Penlight
- Zipper seal bags
- Disposable non-woven washcloths
- Poncho or rain gear
- Glow sticks
- Back-up batteries
- Safety pins