

Each school day is full of possibilities — and for students with type 1 diabetes, having the right support makes all the difference. This type 1 diabetes shopping list is designed to help you stock up on the essentials that will help students with diabetes stay healthy, safe, and ready to make the most of every moment at school!



## BLOOD GLUCOSE MONITORING

- Blood glucose meters \_\_\_\_\_
- Lancets \_\_\_\_\_
- Lancing devices \_\_\_\_\_
- Alcohol prep pads \_\_\_\_\_
- Test strips (compatible with selected meter) \_\_\_\_\_
- Sharps disposal containers \_\_\_\_\_



## HYPOGLYCEMIA (LOW BLOOD SUGAR) TREATMENT

- Glucose gels \_\_\_\_\_
- Fast-acting glucose tablets \_\_\_\_\_
- Glucagon emergency training kits \_\_\_\_\_



## EDUCATION MATERIALS

- Diabetes skills training supplies \_\_\_\_\_
- ADA Complete Guide to Carb Counting* (2nd Edition) \_\_\_\_\_
- The Calorie King<sup>®</sup> Calorie, Fat and Carbohydrate Counter \_\_\_\_\_
- Nutrition education books and posters \_\_\_\_\_